

The Polytechnic Rambling Club

In association with THE UNIVERSITY OF WESTMINSTER

Founded 1885

Affiliated to the Ramblers' Association (Inner London Area)

Affiliated to HF Holidays



Programme Co-ordinators

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PROGRAMME OCTOBER 2022-JANUARY 2023

If you do not receive emails please check with the leader prior to the walk for any updates to travel as train timetables are currently subject to last minute alterations

SUNDAY 2nd OCTOBER FLITWICK, Central Beds. (Circular) 8.75 miles *Through gently undulating fields, woods via Flitwick Plantation, Eversholt, Tingrith, Priestley Farm.* Lunch at Green Man PH Eversholt, or bring a picnic. Buy OPDR to Flitwick. Dep St Pancras low level platform B 10.05, (W Hampstead Thameslink 10.13), arr Flitwick 10.58. EX: 192, 193. LR: 166, 165, 153. Leader Geoffrey, who will meet the party at Flitwick station

SUNDAY 9th OCTOBER CROXLEY (Circular) 3.6 miles approx. *A fairly level walk across Croxley Common Moor which is a SSSI and Local Nature Reserve, also taking in parts of the Grand Union Canal and the River Gade.* Meet Croxley Green station on Watford branch of Met line (zone 7) at 10.30 (allow at least 40 minutes from Baker St). OS EX 172. Café' at the end of the walk. Leader Judy

SATURDAY 15th OCTOBER TONBRIDGE via TUDELEY (Circular) 9.5 miles. *Fields, orchards and woods with a visit to Capel church with its medieval paintings and the the modest little church of Tudeley to see its wonderful stained-glass windows, all twelve of which were designed by the painter Marc Chagall.* £3.00 per person for the visit to Tudeley church (so please bring cash on the day). Please inform the leader by October 12 if you wish to take part. We will have a talk about the windows which has been financed by the club. Some stiles. Bring packed lunch. Buy OPDR to Tonbridge. Dep Charing Cross 10.00 (Wat. East 10.03, London Br. 10.09) arr Tonbridge 10.46 for 11.10 bus to Tudeley OS EX 136 Leader Susan (07763 131145)

SUNDAY 16th OCTOBER LONDON LOOP sect. 24 RAINHAM to PURFLEET (Linear) 5 miles. *Passing through Rainham, Wennington and Aveley Marshes, we will see WWII concrete barges, RSPB visitors centre and the ancient river ferry crossing point.* Lunch tbc. Buy OPDR to Purfleet, FP/oyster 60+ buy single Purfleet to Rainham (Essex) Dep Fenchurch Street 10.05 (West Ham 10.14) arr Rainham (Essex) Zone 6 10.28 OS EX 172 Leader Jackie

SATURDAY 22ND OCTOBER MAP READING COURSE at TUNBRIDGE WELLS The Club has organised another map reading course for those members who would like to brush up their skills in the subject. The course is free. Those attending will only pay the train fare. Please check with Danny (gprduffy20@hotmail.com or 07907-346957) if places are still available.

SATURDAY 29th OCTOBER BOROUGH GREEN to SEVENOAKS (Linear) 9.3 miles. *Undulating, varied terrain, through orchards, woods, over hills and open expanses, passing a variety of stately homes.* Could be

muddy! Picnic or café lunch stop at Ightham Mote (NT). Buy OPDR (from Swanley for Freedom & 60+ Passes) to Borough Green. Dep Victoria 9.25, arr BG 10.07. OS EX147. Leader Pam

SATURDAY 5th NOVEMBER PITSEA to CHALKWELL (Essex): Fourth and final part of the Thames Estuary Path (Linear) 8.6 miles or 7.3 miles to Leigh on Sea. *We go through the RSPB Bowers March Reserve, then along Benfleet Creek which separates the mainland from Canvey Island, Essex County Council's Hadleigh Park, passing Two Tree island, Old Leigh and along the Thames to Chalkwell.* Buy OPDR to Chalkwell. Dep Fenchurch Street 9.53, Barking 10.08, arr Pitsea 10.51. Early lunch in Benfleet; choice of pubs or bring a picnic. OS LR 177. Leader Dominique. CANCELLED DUE TO RAIL-STRIKE

SUNDAY 6th NOVEMBER: Finsbury Park to Clapton (6 miles) and Clapton to Cambridge Heath (4.5 miles)
The first part of the walk will be quite leisurely and will take in Finsbury Park, New River Path, Stoke Newington Reservoirs, Clissold Park, Church Street and the 'village' area of Stoke Newington, Abney Park Cemetery, Walthamstow Marshes and the River Lea. The walk ends at Clapton Overground Station.
The second part will be brisker and will take us to Millfields, Middlesex Filter Beds Nature Reserve, the 'Old Lea' and Hackney Marshes, Wick Woods, Mabley Green, Victoria Park and Regents Canal. The walk ends at Cambridge Heath Overground station.

Meet outside Finsbury Park Station main exit (not the Wells Terrace exit) at 10.00am. Bring a picnic or buy food in the shops in Stoke Newington Church Street. Leader Dominique

SATURDAY 12th NOVEMBER CLAYGATE CIRCULAR 7 miles. *A succession of woodland paths passing by Chessington World of adventures, Princes Coverts and Ashted Common.* Easy walking but can be muddy. Lunch at the Star pub or bring picnic. Buy OPDR to Claygate. Dep Waterloo at 10.03 (Clapham Junction 10.12) arrive 10.34. OS EX 161 and 146 Leader Hilary (07814 512 184)

SATURDAY 19th NOVEMBER CHESSINGTON to CHEAM (Linear) 9 miles. *Horton Country Park, Hogsmill Riverside Nature Reserve, Nonsuch Park and Cheam Heritage Trail. A simple walk with the morning section following a pleasant section of the nature reserves. In the afternoon, we pass the Woodland Trust's Warren Farm, 21 hectares of undeveloped farmland, open grassland and areas of native trees, and explore Nonsuch Park and some historic parts of Cheam Village.* Lunch in Ewell tbc. Dep Waterloo 9.17 arr Chessington South 9.51 (zone 6). Return from Cheam (zone 5) OS EX 161 Leader Rochelle

SATURDAY 26th NOVEMBER HADLEY WOOD to BROOKMANS PARK (Linear) 7 miles *via the village of Northdaw where we will make our lunch time stop.* Walk is hilly and parts can be muddy after rain. Bring a packed lunch or there are bar snacks at the Two Brewers pub. BUY OPDR to Brookmans Park, FP/Oyster 60+ buy single Brookmans Park to Hadley Wood. Dep Moorgate 10.03 (Finsbury Park 10.17) arr Hadley Wood 10.35 (zone 6). OS EX 182 and 173. Leader Mary K. who will join the train at Finsbury Park.

SUNDAY 27th NOVEMBER MANOR PARK & WANSTEAD PARK (Circular) 5 miles. *This figure-of-eight walk offers a green and pleasant meander with many waterside sections.* Meet at Manor Park Elizabeth Line Station at 11.00. Picnic by the Tea Hut in Wanstead Park or late lunch at the Golden Fleece pub, Manor Park. EX 174. Leader: Danny (07907-346957 or 07591-999016)

SATURDAY 3rd DECEMBER NORTHWICK PARK (Met Line) to GREENFORD (Central Line) (Linear) 7 miles. *Some ascents, descents and road walking but taking in views from Harrow on Hill and Horsenden Hill.* Lunch at the Ballot Box or bring a picnic. Meet at Northwick Park Station 10.30 (allow 20 minutes from Baker St). All travel within FP/Oyster 60+ or buy tube ticket to Zone 4. OS EX 173 Leaders Sunita and Carol DeSouza

SUNDAY 11th DECEMBER CLUB CHRISTMAS LUNCH Venue to be decided! Details will be circulated as soon as we have them. In the meantime, please put the date in your diaries. Contact for queries: Danny (07907-346957 or 07591-999016)

SATURDAY 17th DECEMBER VISIT to WINDSOR CASTLE [NOTE CHANGE FROM SUNDAY TO SATURDAY TO ENABLE US TO VISIT ST GEORGE'S CHAPEL]. Buy OPDR to Windsor and Eton Central Station Dep Paddington 9.50 change at Slough 10.03/10.16 arrive at Windsor and Eton 10.22. This may change depending on the timing of the group ticket. Further information to follow by email shortly. Expressions of interest to Hilary (07814 512 184) by October 8th

TUESDAY 27TH DECEMBER (Bank Holiday) TOWER HILL to GREENWICH (Linear) 5.5 miles. *A stroll along the north bank of the Thames and then through the foot tunnel to Greenwich.* Meet at Tower Hill Underground Station at 10.30. Lunch at the Ledger Building, West India Quay. EX 173/162. Leader: Danny (07907-346957 or 07591-999016)

SUNDAY 1st JANUARY POLY RAMBLERS NEW YEAR ZOOM QUIZ 8pm New quizzers very welcome. Contact Gillian (07719452023) for more information. Joining details nearer the time.

SUNDAY 8th JANUARY LOUGHTON (Circular) 7 miles. *A walk with a brief pause for some forest bathing in Epping Forest. Relax and de-stress with nature.* Meet 10.30 at Loughton station (zone 6, 36 mins from Oxford Circus on Epping branch of Central line). Lunch stop at High Beach. Bring picnic although there is a possibility of PH, or kiosks for tea and coffee etc.). EX 174. Leader Pam

SUNDAY 15th JANUARY PLAQUES and PARKS (Linear) 6 miles approx. *Starting at Oxford Circus LU station, we will walk through Mayfair, looking at the blue plaques which commemorate past residents. These will include famous and not-so-famous people. Crossing Park Lane we will enter Hyde Park and make our way to the Italian Gardens at the end of the Long Water. After lunch we will walk through Kensington Gardens and see more blue plaques, finishing the walk at either High St Ken or Gloucester Rd LU station.* Lunch at the Italian Gardens Cafe or bring a picnic. Meet at Oxford Circus LU station, 11 am. Leader Sandy

JANUARY SNOW WALKING WEEKEND Danny and I are planning to organise a snow walking trip around the weekend of 14/15 January (plus one or two days on each side). We'll go either to Germany, Austria or Northern Italy. Please contact me if you are interested. If enough people show an interest, I will do some research and send flight details for the weekend. Leader: Dominique

SATURDAY 21st JANUARY ABBEY LINE TRAIL : WATFORD JUNCTION TO ST. ALBANS (Linear) 9 miles. *Walking in the Colne and Ver Valleys following the branch line linking Watford and St Albans.* Buy OPDR to St Albans Abbey. Dep Euston (Tring train) 10.03, (H&W 10.18) arr Watford Junction 10.26. Pub lunch at Bricket Wood (TBC) or bring a picnic. Return from St Albans Abbey on the Abbey line. Can be shortened. EX182. Leaders Gillian and Stuart (07719452023) who will meet the group at Watford Junction.

SATURDAY 28th JANUARY OXTED to WOLDINGHAM (Linear) 8.5 miles. *A lovely walk with the odd hill* Lunch in Godstone tbc. Buy OPDR to Oxted. Dep Victoria 9.20, arr Oxted 10.01. OS EX 146. Leader Harriet

SUNDAY 29TH JANUARY ROTHERHITHE PENINSULA (Circular) 4.5 miles. *A stroll along the south bank of the Thames and then through the remains of the old Surrey Docks.* Meet at Rotherhithe Overground Station at 11.00. Lunch at the Moby Dick pub, Greenland Dock. EX 173/162. Leader Danny (07907-346957 or 07591-999016)

SAVE THE DATE : AUGUST 25th – 29th (4 nights) BANK HOLIDAY WEEKEND in DERRY, Northern Ireland