## POLY RAMBLERS OCTOBER/NOVEMBER PER-BOOKED SMALL GROUP WALKS PROGRAMME

Numbers on these walks are strictly limited due to COVID-19 restrictions and must be pre-booked by emailing gillian.swan@dsl.pipex.com

OCTOBER	Walk	Details	Booking open	Capacity
Saturday 3 <sup>rd</sup>	Harlington (Beds) circular 6 miles	A figure of 8 walk in the Bedfordshire Chilterns with beech woodlands and surrounding views, via Sharpenhoe Clappers, Moleskin and Markham Hills.  One short climb and descent. Bring packed lunch, and picnic on the Clappers. Optional visit to a hostelry in Harlington near end. Later start being a short walk.  Meet St Pancras station for Thameslink Bedford train from plat B low level. Buy OPDR to Harlington.  Sat 3 <sup>rd</sup> : St Pancras dep 10.51, West Hampstead TL dep 10.59, Harlington arr 11.35.  If coming by car, the station car park charges £2.80. Limited street parking nearby.	Open for booking	5+ leader
Sunday 4 <sup>th</sup>	Harlington (Beds) circular 6 miles (repeat of Saturday)	Leader: Geoffrey, who will meet the party at Harlington station.  Details as above but different train times on Sunday  Sun 4 <sup>th</sup> : St Pancras dep 10.48, West Hampstead TL dep  10.56, Harlington arr 11.38.	Open for booking	5+ leader
Fri 9 <sup>th</sup> – Mon 12 <sup>th</sup>	Leek weekend			
Saturday 10 <sup>th</sup>	Saxon Shore-Way 6 Kings Ferry Bridge, Swale Station to Conyer Creek, Teynham Station 11.8 miles	Linear flat walking, bring picnic lunch. Meet Victoria Station buy OPDR to Teynham and also a single Sittingbourne to Swale (i.e. 1 Return & 1 Single ticket).  Train departs Victoria at 09.08, change at Sittingbourne 10,15, arrives Swale 10.33. EX149 Leader Martin	Open for booking	5+ leader
Saturday 17th	Richmond/ Putney Bridge	The walk crosses Richmond Green and then heads along a stretch of the Thames Path. A climb up to Richmond Park follows, with good views of	Open for booking	11 + leader. The Ramblers rules

	7.5 miles linear	West London. After crossing the Park and hopefully seeing some deer, the Beverley Brook trail is joined and then Barnes Common is reached. The final part is again along a stretch of the Thames Path, this time to Putney Bridge. The walk can be shortened after 6 miles at Barnes Station. Lunch will be taken at Roehampton Gate where there is a cafe and room for a picnic. Meet Richmond Station at 10.30. EX 161 Leader Danny - 07907 346957 or 07591 999016.		for outdoor physical activity events will be in force.
Saturday 24 <sup>th</sup>	Bayford (Herts) circular 8 miles	The walk is in Broxbourne Wood and Hertfordshire countryside. Sighting of dinosaurs guaranteed, and you might also hear the roar of a lion.  Meet at Bayford station. Train from Finsbury Park rail station (platform 7 or 8) at 9.57, arrive Bayford 10.30. Buy OPDR ticket to Bayford. The leader will board the train at Cuffley. Paying car park at the station or in the village.  Bring a picnic. Pub (Baker Arms) at the end. LR166. 8 miles. Leader: Dominique	Open for booking	11 + leader. The Ramblers rules for outdoor physical activity events will be in force.
Saturday 31 <sup>st</sup>	Loughton circular 7 miles	Epping Forest bathing. Relax and de-stress with nature, plus autumn tints? Fungi? Sloes?  Meet at 10.30 at Loughton station. (~36 mins from Oxford Circus on Epping branch of Central line). Lunch pit stop at High Beach. Bring picnic although there is a possibility of PH, or kiosks for tea and coffee etc.).  Distance: ~7 miles. EX 174. Leader: Pam.	Open for booking	5+ leader
Sunday 1 <sup>st</sup> November	Upper Warlingham (zone 6) to Hayes (zone 5) 10.4 miles	Despite its proximity to London, this walk is surprisingly rural in character, passing through fields, woods and quiet valleys, often along shady bridleways. The second half of the walk is entirely within a London borough, though it does not feel like it, with the gently rolling countryside providing some fine vistas.  Meet at Victoria. Train departs 10.21, arrives Upper Warlingham 10.51 Picnic lunch. EX 146, 147, 161 & 162; LR 177 & 187 Leader Susan (07763 131145)	Open for booking	5+ leader

NOVEMBE	R: BOOKING FOR THE	NOVEMBER WALKS BELOW OPENS ON 15 OCTOBER	•	
Saturday 7 <sup>th</sup>	Welwyn North to Knebworth 7 miles linear	The walk will be mainly along footpaths and through fields, with few hilly bits.  Meet at Kings Cross and take the 10.28 Cambridge train, 10.33 at Finsbury Park, arrive Welwyn North 11.00. Buy OPDR to Knebworth. Distance 7 miles, with the option to take a bus from Woolmer Green to Knebworth, saving a couple of miles. Picnic lunch Leader Sandy	Booking opens 15 October	5+ leader
Saturday 14 <sup>th</sup>	Ealing Broadway/ Boston Manor 8 miles linear	This walk makes good use of green spaces & waterside paths in this pleasant part of London. Soon after leaving the station, leafy streets & tracks leading to Pitshanger Park are traversed. At Perivale Park, the Capital Ring is joined to Greenford Bridge and then the River Brent. Finally, the Grand Union Canal towpath is followed to Boston Manor station.  The walk can be shortened to 6 miles by returning from Hanwell station. Lunch will be the Fox pub which has a large garden and room nearby for a picnic. Meet Ealing Broadway station at 10.30. EX 172. Leader Danny - 07907 346957 or 07591 999016.	Booking opens 15 October	11 + leader. The Ramblers rules for outdoor physical activity events will be in force.
Saturday 21st	Berkhamsted Common, Ashridge House and Frithsden Beeches 6.5 miles	A circular walk starting and finishing at Berkhamsted station. The walk takes us past Berkhamsted castle, Berkhamsted common; Ashridge House; Frithsden Beeches. There are no pubs and cafes on route but plenty of eateries in Berkhamsted for when we finish our walk so please bring some snacks with you.  Distance: 6.5 miles. EX: 181. Leader Hilary: 07814 512 184	Booking opens 15 October	11 + leader. The Ramblers rules for outdoor physical activity events will be in force.
Sunday 29 <sup>th</sup>	ТВС	Leader: Jackie		