Programme Co-ordinator

Pamela Beach

EVERY WORD IS HERE FOR A PURPOSE. PLEASE READ THEM ALL!



Founded 1885 Affiliated to the Ramblers' Association (Inner London Area) Affiliated to HF Holidays General Secretary Gillian Swan gillian.swan@dsl.pipex.com



President: Mrs Christine Bignold

FOR NEW MEMBERS: All club walks are either circular or linear and start as from the time of arrival of the train and/or bus. If you are arriving by car, please advise the leader before the day of the walk. Lunch is mostly at a pub. If you are unsure about suitable clothing for a walk please contact the leader. OS Maps: EX= Explorer, LR= Land Ranger. Train tickets: OPDR (Off-Peak Day Return formerly CDR (cheap day return)) or Group Save.

tfl = www.tfl.gov.uk for travel updates in the Capital or you can check trains on www.nationalrail.co.uk. FOR ALL MEMBERS: BEWARE planned and unplanned engineering works! Remember timetables may still be subject to change because

of ongoing track repairs. If there is a last minute change the next available train will be taken. Please keep an eye on the website, or contact the walk leader if in doubt. In the event of extremely adverse weather conditions, please phone the leader to find out if the walk is still on. Visit our NEW web-site (www.polyramblers.org.uk) to see the most up-to-date programme details. If you would like to lead a walk on the next programme, contact Pam with full details. Contact Solvig with social event details (restaurant, theatre visits etc.).

FOR LEADERS: If you have a mobile phone and you have put the number on the programme, please turn it on prior to your walk meeting time!

PROGRAMME OF EVENTS – OCTOBER 2017 to JANUARY 2018

OCTOBER

(previous walk, Saturday 30th September, Chorleywood, leader Sunita)

FRIDAY 6th to MONDAY 9th: AUTUMN TRIP to Barmouth (N. Wales): Check with Dominique for late availability or other queries.

SATURDAY 7th : SHORT WALK, HOVE to BRIGHTON for those not going to Barmouth: Nice little sea-side easy paced walk. Pleasant cafe about halfway along for lunch. Maybe a bit of beach walking, have ice-cream on the pier! About 4 miles of walking in all, or we can halve it by catching a bus back to Hove station from Brighton. Bring sun hat and brolly! Meet Victoria Stn near ticket office. BUY OPDR to Hove. Train dep.10.47. (Clap'm Jct 10.53) Arr. Hove 11,52. Leader: Rosie..

SUNDAY 15th: SANDRA'S BIRTHDAY BOAT TRIP. Invitation sent previously

SATURDAY 21st: longer walk - BENTLEY to FARNHAM (LINEAR): Last long walk of the summer but not too strenuous! Lovely walk mostly in light woodland & fairly flat - perfect for autumn. Meet Waterloo stn. Buy ODPR to Bentley. Train dep. 9.53, arr.11.02. Distance 11 + a bit miles. Lunch at The Holly Bush in Millbridge & possible swift half at The Barley Mow in Tilford but that depends on our swiftness & the light. EX145. Leader: Harriet

<u>SATURDAY 21st: shorter walk – HAMPSTEAD HEATH (CIRCULAR)</u>: Delightful walk through the streets of Hampstead village, Ponds, Parliament Hill, Highgate Ponds, Kenwood House (options of visiting the art collection). Choice of good pubs on return to station. Meet 10.30 Hampstead Stn. (Northern line, Zone 3). Lunch at Kenwood rest./cafe or picnic. Distance approx. 5 miles. Leaders: Barbara

<u>THURSDAY 26th: EVENING WALK IN PIMLICO</u>: This walk will show the best bits of an overlooked part of London. It visits charming garden squares, small secluded parks and quiet sections of riverside path as well as a conservation area with its impressive architecture. Meet 18.30 outside Vauxhall Underground Station (Victoria Line and National Rail) for a 2.2-mile walk. Possible meal in a local hostelry afterwards. Leader: Dominique

SATURDAY 28th: BISHOP'S STORTFORD to HARLOW MILL (LINEAR): Meandering River Stort walk, alongside meadows and fields. Meet Liverpool St stn. Buy OPDR to Bishops Stortford. Train dep. 10.28. Tott.Hale 10.40. arr. B's Stortford 11.10. Cafe lunch stop at Sawbridgeworth. Pleasant riverside bar at end of walk at Harlow Mill. Distance ~ 7 miles. EX 194. Leader: John H who will join train en route. **NB Clocks go back tomorrow!**

NOVEMBER

<u>SATURDAY 4th: SWANLEY (CIRCULAR)</u>: A surprisingly scenic but easy walk in the Kent countryside close to Greater London. Meet at Victoria stn. Buy OPDR to Swanley (covered by Freedom Pass, Oyster and contactless). Train dep. 10.22 arr. Swanley 10.48. Lunch at the Five Bells, Chelsfield Village, return to Swanley via Kevingtown and Hockenden. Distance 9 miles. EX 162/147. Leader: Peter T

SATURDAY 11th: THEYDON BOIS (CIRCULAR): Delightful walk in Epping Forest. More steeply undulating than you might expect! Autumn tints? Fungi? Sloes? Meet at 10.15 at Theydon Bois stn. (23 mins from Stratford on Epping branch of Central line) Lunch tbc. Distance: 6 or 10 miles. EX 174. Leader: Pam.

SATURDAY 18th: BOX HILL to DORKING (LINEAR): Classic Surrey walking, with mixture of down and woodland. Option of doing the morning walk only. Steady uphill walk from Boxhill Station to Ranmore Common for (hopefully) views to the south of Leith Hill and beyond. Descend to Dorking for lunch. Afternoon route via Betchworth. Distance 9 miles. Ascent / descent 400 metres. Meet Victoria stn. Either buy OPDR to Dorking valid on Southern services only. Or, for the ability to use additional trains back from Dorking to Waterloo, ask for a ticket that's also valid on South Western Railways. Approx. extra cost £2. Horsham train dep. 9.31, arr. Box Hill & Westhumble 10.20. EX146. Leader: Mike Coyle

<u>SATURDAY 25th: BEACONSFIELD (CIRCULAR)</u>: *Chiltern woodlands, paths and lanes. We pass through Jordans, centre for the Quakers and burial place of William Penn. Expect some ups and downs.* Meet at Marylebone. Buy OPDR to Beaconsfield. Banbury train dep. 9.43, arr. Beaconsfield 10.12. Pub lunch. EX 172. Distance: 9 miles approx. Leaders: Gillian and Stuart who will meet the group at Beaconsfield.

DECEMBER

<u>SATURDAY 2nd: EAST FINCHLEY to WOODBERRY WETLANDS (LINEAR)</u>: Meet East Finchley tube station 10.30am, walk through Cherry Tree and Highgate woods, then along the disused railway track – the Parkland Walkway, to Finsbury Park where we can have lunch in a café. From there it's a short walk to the Woodberry Wetland Centre, formerly a reservoir now a nature reserve fringed by a board walk where we can view the winter birds. Distance 5.5 miles approx. Finish walk at Manor House (Piccadilly Line). Leader: Mary K.

<u>SUNDAY 10th: CLUB CHRISTMAS LUNCH: FREEMASONS ARMS PH, Covent Garden</u>: Back to the old favourite after a less than successful change of venue last year. More information & booking form in Newsletter. For a short pre-lunch walk, meet 11.00 at Tower Hill (District & Circle Lines) station. Leader: Danny

SATURDAY 16th: ST ALBANS WITH CATHEDRAL VISIT AND POSSIBLE CAROLS: Provisional route and lunch at Plough, Sleapshyde, pending details of carol service times when available. Meet near Thameslink barriers in St Pancras station. Buy OPDR to St Albans City. Bedford train dep 10.34 (W Hampstead TL 10.41), arr 10.55. Distance: 6.5 miles. LR 166. Leader Geoffrey who will meet the party at City station

<u>TUESDAY 26th BOXING DAY: THAMES PATH - HAMMERSMITH/KEW (CIRCULAR)</u>: Along the south bank of the Thames via Barnes and back along the north bank via Chiswick House. Meet at 10.30 at Hammersmith (District & Piccadilly Lines) station. Lunch at the Express Tavern, Kew Bridge. Distance: 7.5 miles (5 miles returning from Kew). EX161. Leader: Danny

<u>SATURDAY 30th: STANMORE to PINNER (Met Line) (LINEAR)</u> Initial steepish climb followed by pleasantly undulating, varied landscape within zone 6. Lunch pub TBC lunch. Meet at Stanmore Station (Jubilee line) by 10.15am. Distance: ~7 miles. LR176. Leader: Sunita.

JANUARY

<u>SUNDAY 7th HENLEY via STONOR (CIRCULAR):</u> Henley is normally thought of as a riverside town but it is also on the southern edge of the Chiltern Hills, a charming area of hidden valleys, mixed wood and farmland, and largely gentle slopes. Meet Paddington stn. Buy OPDR to Henley-on -Thames. Reading train dep.9.15, Ealing Bdway 09.23, (change Twyford arr.10.02 dep. 10.31) arr. Henley 10.43. Distance 8.8 miles. OS LR 175, OS EX 171. Early lunch at the Rainbow Inn, Middle Assendon. Leader: Susan J. Tea at the end of the walk at the Chocolate Cafe, Henley, or take the train back.

<u>SNOW-WALKING WEEKEND IN BAVARIA – FRIDAY 12th / MONDAY 15th: Long weekend walking in the snow in Fischen on the edge of the Allgau natural park. <u>http://www.fischen.de/fischen</u> Flights Heathrow / Munich. See details in newsletter. If interested, get in touch with Dominique with any queries.</u>

SATURDAY 13th /SUNDAY 14th: This slot is free. Contact Pam if you would like to lead a walk on Saturday or Sunday

<u>SATURDAY 20th: LEITH HILL (CIRCULAR)</u>: *Visit Surrey's highest point. Small steep section.* Lunch at Plough Inn (https://ploughinn.com/), Coldharbour, and possibly tea at Leith Hill. Meet Victoria stn. Buy OPDR to Holmwood, or from zone 6, if you have Freedom or Boris card. Train dep. 9.31, arr.10.32. Returns on the hour at 19 mins past. Distance 6.5 miles. EX146 or see fancyfreewalks.org. Leader: Kim

SATURDAY 27th: ST. MARGARET'S (Herts.) (CIRCULAR): This walk starts in the Lea Valley then goes through the countryside near Ware, along the River Ash, woodlands and follows a stretch of the Hertfordshire Way.Meet Liverpool St stn. Buy OPDR to St Margarets. Train dep. 9.43, change Broxbourne (10.15 / 10.19), arr. St Margaret;s 10.25. Pub lunch in Wareside. Distance 7.7 miles. LR166 & 167. Leader: Dominique.

>>>>>>FUTURE EVENTS <<<<<<<

<u>FRIDAY 16th to SUNDAY 18th MARCH 2017 – YHA WEEKEND, STREET, SOMERSET</u>: The hostel is an alpine style chalet on the brow of a hill overlooking Glastonbury Tor & the Somerset Levels. Estimated cost £75 incl. train/bus fares & in-house food. Reserve a place for £30 by bank transfer (club's account number 29935940, sort code 05-02-00) or send a cheque made out to the Club to Danny Duffy,

<u>SPRING BANK HOLIDAY: WALKING IN BERCHTESGADEN, BAVARIA, GERMANY - FRIDAY 25th to</u> <u>TUESDAY 29th MAY 2018</u>: You have seen Bavaria in winter, now enjoy it in the Spring. See details in newsletter. Contact organiser Dominique with any queries.

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All sporting and leisure activities have inherent hazards associated with them and rambling is no exception. In spite of the safety of members always being of paramount concern, accidents will occasionally occur. It is important therefore that when entering into the activity members appreciate that they have a responsibility to identify the hazards associated with the activity and take all reasonable steps to eliminate or minimise the potential for an accident to arise. We regret that we cannot accept children under 16 years of age on the walks.